

Parenting Program

8 weeks — FREE

Circle of Security — *based on attachment theory and decades of research*



- Learn to connect better with your child
- Understand their needs
- Deal with challenging behaviors.

Thursdays—February 8 through March 29, 5:30--7 pm

Kootenai Health, Classroom 2— Coeur d'Alene

Call Brenda Hammond at Early Head Start for information and to sign up for the classes: 208-263-2569

- *Child care stipends if needed*
- *Transportation stipends if needed*
- *Light refreshments*



**Taught by staff from Mountain States Early Head Start trained by
Circle of Security International ©**

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