

CLASS COMMENTS FROM Kaniksu Series # 2

September 21 – November 9, 2017 – SPT

“This class has helped me to realize why my child acts certain ways and to look at the reasoning or emotion behind the behavior instead of thinking the child is bad or taking the behavior personally. I used to think my child was rejecting me when he went out to explore.”

“I love this program. I feel more confident that I can be the parent my child needs me to be.”

“In the beginning I thought I knew it all and that nothing was wrong. Now I can see what I was doing wrong and can now change what I was doing wrong to what I can do right.”

“The Circle of Security parenting class has taught me a lot—like how to be with my child when they are upset and having a problem. I now know how to help them organize their feelings. I’m not saying I know everything that there is to know about being a parent cause you can never know everything. But I now know a lot more than I did before this class.”

“This class is amazing and I feel anyone and everyone who can and will benefit from this class. Thank you for doing this for us.”

“My husband and I started this class shortly after becoming foster parents. This class has helped us so much. We have never been parents before this. Seeing each week what we talk about in class and seeing it in our foster daughter during the week. With her situation it has shown her that people can care.”

“I think this class has helped me become more self aware. I am able to identify my weaknesses and strengths and then think about how I need to adjust. “

“I enjoyed listening to others’ perspectives and background on topics like their childhood development.”

“I think it has made me more self-aware, and given me a lot of insight I couldn’t have seen otherwise. I feel more confident and as if I have more control over situations than I thought I did.”

“I loved this class. I want to take it again. It was so open and warm and safe place to admit my struggles as a mom with like-minded parents without judgement. I felt a lot of support.”

“It teaches you to deal with all kinds of relationships and problems!”

“Wished it had been around when I was a kid and that my parents could have taken this class.”

(is there anything that would have made this class better for you?) “No—it was great. Awesome videos, great info and our teachers were just the best. They are so cool and made you feel very welcome. This class is a true pleasure to take.”

“I have learned healthier ways from this class to connect and meet my children’s needs.”

“I highly recommend this class to every parent! I would also like to stay in contact with the wonderful parents/classmates.”

“This class helps me know how to deal with my son and his emotions. It was very helpful and informative.”

“This class helped me tell myself that I can get better, and learn better ways to understand and better myself as a parent, and as a boyfriend and be a stronger person. Thank you to you both.”

“Thank you for all the help and making this class happen.”